



# THE COMPLETE BEGINNERS GUIDE TO ADOBE INDESIGN CS5

**LEARN AS  
WE BUILD  
A PROJECT  
TOGETHER!**



**TUTORIAL INTRODUCTION:  
PROJECT OVERVIEW & DOWNLOAD LINKS**

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# THE COMPLETE BEGINNERS GUIDE TO ADOBE INDESIGN CS5

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# WHAT WE ARE GOING TO CREATE IN THIS COURSE:

An A5 6 page roll fold leaflet.





# INTRODUCTION: PROJECT OVERVIEW & DOWNLOAD LINKS



## Overview

Welcome to the complete beginners guide to Adobe Indesign CS5. This is a course created for beginners or newcomers to Adobe Indesign. The topics that are going to be covered in this course are the basics so whether you have Indesign CS1, 2, 3, 4, 5 or above, you should be able to follow along just fine. We won't be using any advanced features.

In this series I will be demonstrating how to create a small project in Adobe Indesign from start to finish. To help break down the process I have structured the course in 3 main sections:

### Preparation    Implementation    Finalisation

Along the way we will be covering many topics, such as how to set up your document, understand how the program works, use text in Indesign, prepare and import images into indesign and finally export your document ready for print.

I will also be giving a little advice and sharing my experience on how to organize and manage your project, to improve your workflow. After watching this series you will be able to create your own compositions ready for print.

I hope you enjoy the course!

TastyTuts.com

## Full Course Download links:

- Project folder [approx 187MB]



- Final PDF export



- Scamp design / drawing



- Enter Sansman / Font 1



- Myriad Pro / Font 2



## SECTION 1 - PREPARATION

# EPISODE 1: PREPARATION FOR ADOBE INDESIGN PROJECTS

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### Overview

In this tutorial I am to going discuss how to prepare your files ready for your Adobe Indesign Project.

When it comes to Adobe Indesign, preparation is the key. As you will find out later, a lot can go into an Indesign document, it is just as important what's going on outside Indesign as well as what's going on inside... this will become very clear later on in the course.

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## SECTION 1 - PREPARATION

### EPISODE 2:

# PHOTOSHOP ACTION / IMAGE PROCESSING IN ADOBE BRIDGE - CHANGING COLOUR PROFILES:



### Overview

In this tutorial I am going to take a folder full of images and quickly change all their colour profiles from RGB to CMYK.

An action is basically a recording of various steps taken in photoshop. Once recorded the action can be triggered with one click and save you a lot of time if you have to do the same thing many times to lots of images.

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## SECTION 1 - PREPARATION

### EPISODE 3:

# CREATE A SCAMP, DESIGNING FOR MY INDESIGN COMPOSITION

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#### Overview

In this tutorial I will be demonstrating my thought process and my design approach to a leaflet layout.

A scamp is simply a drawing, or a sketch, its a response to a brief and it represents the design, thinking, the creative solution. This can be used to help shape, build and visualize ideas. These plans can also be really helpful to communicate ideas to clients.

It can take a long time to put together a composition in Indesign and sometimes its a lot quicker to draw out your thoughts. This will really help communicate your intentions visually to a client and quickly highlight any issues the client may have before actually going to computer to produce the work.

#### Download links features in this video:

- Scamp design / drawing

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## SECTION 1 - PREPARATION

# EPISODE 4: DOCUMENT SETUP IN ADOBE INDESIGN

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### Overview

In this tutorial I will demonstrate how to set up a work document in Adobe Indesign.

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## SECTION 1 - PREPARATION

# EPISODE 5:

# ADOBE INDESIGN INTERFACE INTRODUCTION

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### Overview

In this tutorial I will be doing a brief overview of the Adobe Indesign interface and later I will demonstrate an effective and useful workspace setup.

Shortcut keys featured in this video:

**Toggle the visibility of the workspace:** Press 'Shift'

**Toggle between 'Preview Mode' and 'Normal Mode':** Press 'W'

**Toggle visibility of composition rulers:** Press [Mac] 'cmd R' [PC] 'ctrl R'

**Selection Tool:** Press 'V'

**Direct Selection Tool:** Press 'A'

**Move Around The Composition Area:** Press and hold space bar on keyboard and click and drag

**Type Tool:** Press 'T'

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in this video:

## SECTION 1 - PREPARATION

# EPISODE 6: THE LINKS PANEL IN ADOBE INDESIGN

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### Overview

In this tutorial I will be talking in some depth about the links panel in Adobe Indesign.

The links panel in Indesign is one of the biggest panels and is of great focus in this programme, this panel represents all the image elements that you will have within your document, and you're going to need to pay close attention to this panel.

This panel is pretty crucial to your workflow, so in this tutorial I am going to explain exactly how this works and how you can customise this panel so you can get more detailed information about your images to get complete control of your images in your document.

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## SECTION 2 - IMPLEMENTATION

### EPISODE 7:

# LAYING OUT FRAME BOX'S / BUILD COMPOSITION STRUCTURE IN ADOBE INDESIGN

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#### Overview

In this tutorial I will be demonstrating how to layout placeholder frames in an Indesign composition ready to place in images and text.

In Adobe Indesign all elements contained in a composition such as text, images and tables are contained in placeholder frames.

To lay out my composition I will be referencing my scamp drawing, which I also created in a previous video. So basically I am going to copy this drawing and achieve the same layout in Indesign.

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## SECTION 2 - IMPLEMENTATION

### EPISODE 8:

# MANAGING / FORMATTING TEXT & TABLES IN ADOBE INDESIGN

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#### Overview

In this tutorial I will be working with text and placing a table in adobe indesign, I will be demonstrating how to introduce plain text into a composition from a text document, and format the text to fit the design.

The fonts used in this document can be downloaded online for free from Da.font .com. In Order to follow along you will need to download and install these.

#### Download links features in this video:

- Enter Sansman / Font 1

**Download >>**

- Myriad Pro / Font 2

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## SECTION 2 - IMPLEMENTATION

# EPISODE 9: PLACING IMAGES INTO ADOBE INDESIGN

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### Overview

In this tutorial I will be working with images in Adobe Indesign, I will be demonstrating how to place images into indesign and work with them in a composition.

In this video I am going to be jumping back and forth from my current document to my scamp design so I can preview what placement I want to achieve and then I'll demonstrate how to achieved it.

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in this video:

- Scamp design / drawing

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## SECTION 2 - IMPLEMENTATION

### EPISODE 10:

# MODIFYING INDESIGN IMAGES IN ADOBE PHOTOSHOP & ILLUSTRATOR



### Overview

In this tutorial I will be demonstrating the synergy that Indesign has with other programs such as Photoshop and Illustrator. Ill be demonstrating how changes made in these programs can alter the dynamics of images placed in an Indesign composition.

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## SECTION 2 - IMPLEMENTATION

### EPISODE 11:

# OBJECTS, COLOUR & EFFECTS IN ADOBE INDESIGN

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#### Overview

In this tutorial I will be demonstrating how to introduce objects, Colour and Effects into my Adobe Indesign project.

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in this video:

- Scamp design / drawing

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## SECTION 3 - FINALISATION

# EPISODE 12: FINISHING OFF / PREFLIGHT IN ADOBE INDESIGN

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### Overview

In this tutorial I will be finalising my document ready for print. I will be reviewing my document and covering some essential preparation techniques.

In this video I will later be discussing and demonstrating the importance of the preflight tool in Indesign to ensure we don't have any potential errors to compromise the quality of our final export.

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## SECTION 3 - FINALISATION

# EPISODE 13: EXPORT TO PDF IN ADOBE INDESIGN

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### Overview

In this tutorial I will be demonstrating how to export your document to PDF in Adobe Indesign.

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- Low Res PDF

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- High Res PDF

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